

# Intelligent Pre & Post Event Detox Program

## WHY PRIOR TO CHRISTMAS AND NEW YEAR?

HEALTHY CELLS = HEALTHY AGEING! Join in this *intelligent* program and enhance Vitality; Longevity and Healthy Ageing (VLA) during this indulgent period utilising VLA's tracking ability allowing personalised program development JUST FOR YOU!! This *intelligent* program is for everyone – **Including you.**

**INTELLIGENT DETOX PROGRAM** – utilising VLA reporting and the **Metagenics Health reset detoxification program** – tracking your results using *intelligent* TGA approved equipment and programs.

- 3 weeks pre-event detox – is an *intelligent* decision.
- PLUS 1-week recovery post-event – is definitely an *intelligent* choice.

**Enhance healthy ageing** – preparation and protection prior to indulgence may protect your cells and enhance healthy ageing – as your cells are *intelligent*. Remember healthy cells = healthy tissues = healthy organs = healthy us.

**Be *intelligent*!** **Book your 4 week pre and post event detoxification program** and VLA will track movements within your body composition – now that's definitely an *intelligent* move for enhancing vitality; longevity and Healthy Ageing!

DON'T WAIT TILL AFTER CHRISTMAS AND NEW YEAR! Be *intelligent*, "prevention is better than cure".

---

## YOUR INTELLIGENT DETOX PROGRAM IS AVAILABLE NOW!

**Book your FREE 15-minute phone consultation with Charmaine on 0407077134 to find out more!**

---

**THE NEXT STEP to start your program:** After your phone consultation and payment, we will:

- **Schedule 4 appointments** on payment.
- **Email your welcome pack** including the detoxification questionnaire sheet.
- **Email a questionnaire to you** to fill it in and return (ASAP) at least 1 day prior to your first consult.

**NOW THE EXCITING PART: 3 SESSIONS OF VLA TRACKING** – We produce colourful reports, graphs and tables providing you with your progress results during the 4 week program. [Click here for an example copy >](#)

1. **First Report** – current body composition. Your personalised *Intelligent* Health reset detoxification program is developed by Charmaine after analysing your VLA report.
2. **Second report** – 2 weeks into your *Intelligent* Healthy reset detox program you receive a detailed progress report.
3. **Third report post event** – before you begin your *intelligent* 1-week recovery health reset program outlining your final healthier status.

## PLUS: 3 PERSONALISED CONSULTATIONS

1. **First** appointment, 60 minutes – consultation and VLA equipment used to produce your first report. Implementation of your *intelligent*, personalised **health reset detoxification program**.
2. **Second** 20 minute appointment 2 days later to deliver your VLA reports and adjust your program.
3. **Third** appointment will be two weeks after you have implemented your *intelligent* reset for **health detox program** and your second VLA report will deliver an assessment on how you've been tracking.
4. You can now enjoy your special without guilt.
5. **Fourth** appointment – recovery program for one-week post event – definitely an *intelligent* move.

### Program also includes:

- Twice weekly emails with *intelligent* information to enhance your motivation.
- Your take home booklet to detoxing includes *intelligent* information and an *intelligent* diary for you to record your daily implementation of the program.
- Detoxification recipe book with over 300 recipes you can incorporate into your menu.  
You can use someone else's *intelligence* to present beautifully prepared meals.
- Example menus are clearly explained.  
formulated example menus.
- 2 primary products: Detox foundations *intelligently* formulated. Thermophase and G-Tox to support all organs of your body during your detoxification process, reducing stress and improving satiety.



**Start your *intelligent* health reset detox program now with VLA *intelligently* tracking your changes in body composition!**

SUMMARY OF PRODUCTS, SERVICES AND COST OF PROGRAM: \$690 (VALUED AT \$1100.00)

### BUNDLED INTO AN INTELLIGENT PACKAGE:

- 3 VLA bio impedance analysis this gives us a true TGA approved body composition report that allows you to see exactly what is happening within your body composition, and the changes over the weeks of detoxification to areas like fat content, muscle tone, and much more providing a colourful body composition 3 page report and graphs to show you your final results over the 4 week plus program (valued at \$240 for analysis and \$160 for reporting)
- 4 consultations – (2 x 60 minute; 1 x 20 minute; 1 x 40 minute) (valued at \$240)
- Welcome pack and analysis of your detoxification questionnaire (valued at \$85)
- Take home guide
- Menus
- 300 recipes – book
- Regular emails over the program (all valued at \$70)
- 2 packages of the 2- detox foundation products
- Thermophase and G-tox are required all through the program and you will need two of each of these products to support all your body systems whilst improving your health the total of purchasing two each of these is \$300 broken down as \$79.95 x 2 G-Tox \$71.50 x 2

The total of this is \$1100 and it will cost you only \$690 – great value.

---

**Call Charmaine now on 0407077134 to book your FREE 15-minute no-obligation phone chat!**

---

**Charmaine Dickson, Naturopath** BACHELOR OF HEALTH SCIENCE IN NATUROPATHY

60A Broadway, Glenelg South SA 5045 | P 0407 077 134 | E [charmaine@naturopathicinsights.com.au](mailto:charmaine@naturopathicinsights.com.au)

[www.naturopathicinsights.com.au](http://www.naturopathicinsights.com.au) ABN 23 639 689 604 ANPA MEMBER